

# Youth Participants Handout

## Packing List and Dress Code....

### □ **Clothing** (see the dress code below)

- Shirts
- Shorts
- Pants or jeans—at least one pair (see below)
- Shoes (athletic, hiking, rock hopping)
- Sandals
- Jacket or fleece
- Swimsuit (for the pool)
- Socks & undergarments
- Raincoat/ raingear

### □ **Toiletries**

- As needed
- Linens and towels if needed (ask your leader)

### □ **Misc**

- Bible
- Flashlight/batteries
- Sunscreen
- Water bottle
- Medicines & prescriptions
- Money (merchandise, snacks, offering, etc)

### **Montreat Youth Conference Dress Code**

For everyone:

As we build a Christian community based on mutual trust and respect, Montreat Conference Center seeks to respect the choices of individuals in expressing themselves while setting norms to establish an atmosphere conducive to faith development and personal growth.

Throughout the Youth Conference, participants are discouraged from wearing clothing that:

- is too revealing (e.g., clothing that is too tight or transparent; clothing with extremely short hemlines; shirts that reveal a bare midriff; visible undergarments).
- advertises alcohol, tobacco products or other substances abusive to the body.
- contains language or images that ridicule a person's gender, sexuality, or geographic/ethnic origin.

For people taking part in stage leadership: (Jeremiah Project, recreation, music, variety show, communion servers, liturgists)

God is the audience, Jesus is the star, and you are the stage hand. It's a bad production when the stage hand becomes the star. (Otis Moss, 2016 APCE Conference h/t @Kierkegaard )

When a person is in a position of leadership or on stage, the focus of the congregation should be on God. The guidelines stated above must be adhered to by all those on stage at all times. In addition, **dress code on stage will be sleeved shirts and pants or skirts with hemlines below the knee.** Shorts worn on stage will be considered as an exception to the rule and must have the prior approval of the Conference Director or Montreat Staff.

The Conference Director or Montreat Staff has sole discretion to determine whether or not attire is appropriate. This code applies to all on stage.

## Additional Notes

- On the last night of Montreat Youth Conference, many groups choose to dress up for fun. Some youth enjoy participating, while others prefer to stay casual. There is absolutely *no requirement* to dress up—whatever makes your youth feel comfortable is perfectly fine.
- **Pack layers.** Montreat weather can feel cool in the morning, hot in the afternoon, and chilly during evening worship.
- **Bring a small, comfortable bag** (like a sling or cinch sack) to carry your Bible, journal, water bottle, sunscreen, and snacks during the day.
- **Hydration is key.** Pack a refillable water bottle. (The conference moves quickly and water fountains can be spaced out.)
- **Bring comfortable walking shoes.** Montreat involves LOTS of walking, stairs, and hills.
- **Pack an extra towel**—Montreat towels never seem to dry fast enough in humid weather.