

Flint River Presbytery Presents

Walking St. Cuthbert Way

About the Walk

The St. Cuthbert Way is a 60mi. path through the borderlands of Southern Scotland and Northern England. Starting in Melrose, and ending on Holy Island (Lindisfarne) this walk winds its way through places significant in the life of its namesake, Cuthbert, the Wandering Saint.

Our Route, and Daily Distances

Melrose to Maxton	10mi
Maxton to Morebattle	15mi
Morebattle to Hethpool	11.5mi
Hethpool to Wooler	8mi
Wooler to Fenwick	11.5mi
Fenwick to Holy Island	6mi

Fitness

To get the most out of the experience, participants should be able to maintain a walking pace of 2 miles per hour, and hike up to 15 miles in one day.

The route is on average of moderate difficulty, and some sections are quite hilly, so participants should be comfortable with both up and downhill hiking. The longest day will be mostly flat. The walk will also include crossing the mudflats between the mainland and Holy Island at low tide along the Pilgrim's Way, which is best done barefoot, or in galoshes (hiking boots are NOT recommended).

Dates

Arrive in Melrose: June 6, 2022

Depart from Holy Island: June 14, 2022

Cost

\$1250 (per person for a shared double room)

\$1670 (per person for a single room)

What the Trip Includes:

3 nights accommodation in Melrose, Scotland, UK (June 6, 7, & 8)

3 nights accommodation in Wooler, England, UK (June 9, 10, & 11)

2 nights accommodation on Holy Island, England, UK (June 12 & 13)

Six Days of Guided Hiking

Devotional Guide

Breakfast (8 days)

Lunch (6 days)

Transportation to and from trail heads (as needed)

Two Luggage Transfers

Admission to Melrose Abbey

Excursion to Inner Farne Island (St. Cuthbert's hermitage site)

Dinner reservations at a pub on Holy Island for each of the two nights (note this does not include the cost of the meal).

What You Will Need to Pack for the Hike

Comfortable, well-fitting, broken-in hiking boots

(ankle support and waterproof recommended)

Comfortable Hiking Shirt and Pants

(breathable material, long sleeves and long pants recommended)

Multiple pairs, wool or other good hiking socks

a second pair of comfortable shoes for off-trail wear

Galoshes

(if you are not comfortable walking barefoot across the mudflats)

Sunscreen and Bug Spray

Wide-Brimmed Hat and Sunglasses

Fleece Jacket or Other Warm Layer

Waterproof Raincoat and Waterproof Over-Trousers

Two, One Liter Water Bottles

Comfortable Backpack in which to carry water, a sack lunch, trail snacks, and any other items you may want with you on the trail

Reservations must be made by June 1, 2021. This trip is open to 15 participants. A \$500 deposit is due with registration, and you

must specify when you register if you wish to share a room, and with whom. When registering you may also request additional nights on Holy Island (note: additional nights will be at an additional cost).

Rev. Marilyn Tucker-Marek will be booking and guiding this trip.

If you have questions before making your reservation you may contact her via phone (334-202-2004);

or e-mail (Marilyn.McK.Tucker@gmail.com).



Above: The view from Wideopen Hill, the highest point on the walk.

At Top: The Pilgrim's Path from the mainland to Holy Island, at low tide.