

A NEW PATH

The road which God gives us is a
beautiful one,
but it often becomes
cluttered and chaotic.
We lose our way.



**Come away...
to find the WAY!**

Retreat.

Rest.

Renew.

Refresh.

Re-enter your life with joy!

Visit

www.trappist.net

for more detailed information
about the monastery and its history.

Driving directions
to the monastery can also be found
on this site as well.



Flint River Presbytery

826 Liberty Expressway SE

Albany, GA 31705

1.800.411.8029

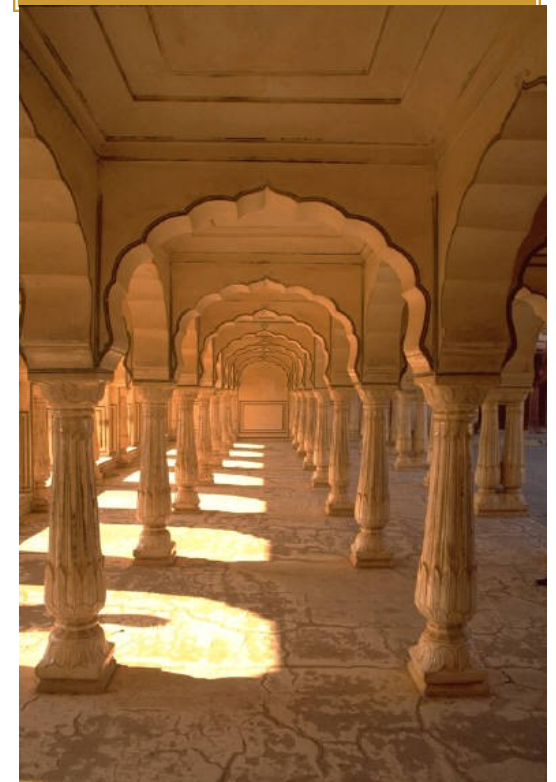
Contact Rev. Deb Bibler at

debbibler@bellsouth.net

with additional questions

*Flint River
Presbytery's
Sabbath Retreats*

2010



...FINDING REST & RENEWAL IN 2010

SCHEDULED RETREATS

February 1-3

begins Monday after 2 PM
& concludes with lunch on Wednesday
Registration Deadline = Monday, January 4

April 9-11 — Divine Mercy

*begins Friday after 2 PM & concludes
with lunch on Sunday
Registration Deadline = Monday, March 8

April 12-15 - Cistercian Spirituality for Presbyterian (USA) Clergy

*begins at 5 PM on Monday & concludes
with lunch on Thursday
Registration Deadline= March 15

August 27-29 — Listening for God

*begins after 2 PM on Friday & concludes
with lunch on Sunday
Registration Deadline = July 26

November 15-17

*begins after 2 PM on Monday & concludes
with lunch on Wednesday
Registration Deadline = October 18



HOW DO I REGISTER?

Each retreat has 5 spaces reserved through **Flint River Presbytery**, with the exception of the “Cistercian Spirituality” in April which has 7 spaces.

The sooner you register, the greater the likelihood that a space will be available.

Even if our “Flint River Presbytery” spaces are full, registering by the noted deadline insures a greater likelihood of availability.

You may register by the noted deadline by e-mailing Patti at retreat@trappist.net or by calling 770.760.0959 or 770.482.2176.

- Identify yourself as an individual from **FLINT RIVER PRESBYTERY**
- Have your credit card/debit card ready to make a \$30 deposit to reserve a space
- Note that the remaining \$90 must be paid upon arrival. Checks or credit cards are accepted.

What should I expect?

Located 35 miles east of Atlanta, the Monastery of the Holy Spirit in Conyers, GA is a place of solitude and peace in a noisy world — a protected sanctuary for spiritual renewal and reflection. The monastery has a long tradition of welcoming those seeking respite in a peaceful environment.

—from www.trappist.net; used with permission

The monastery offers several types of retreats during the mid-week and weekend.

These retreats can be private or they can be part of the monastery’s scheduled topical sessions.

Flint River Presbytery’s Commission on Education and Nurture has scheduled both types of retreats, but participants are not expected or required to participate in structured retreat activities, unless they choose to do so. These varied retreats offer the opportunity to experience God in solitude, stillness, and the quiet beauty of the monastery grounds..

