

Retreats for anyone & everyone in FRP.....

“Praying through Music” - June 29-July 1 (Weekend)

Music is a type of prayer that transports us above the mundane and noisy world. This retreat will focus on the use of — and appreciation for — music as a means of deepening our prayers and our relationship with God.

“Writing and Journal Keeping” - July 13-15 (Weekend)

Explore your personal connection between the inner life and the written word. This weekend includes time for silence, journaling, and reflections on the relationship between writing and the spiritual life. Suitable for professional and amateur writers at all skill levels, this retreat creates a space where you can write, pray, and, perhaps even combine the two into a unified spiritual practice.

“A Spiritual Healing Retreat for Veterans” — July 16-19 (Midweek)

This retreat is designed for veterans suffering from the trauma of war and will help veterans overcome feelings of guilt, honor lost friends, achieve self-forgiveness, and celebrate the gift of life. Contemplative prayer will be used to deepen one’s connection with God. ***Spouses are encouraged to attend.***

“Challenges to Knowing God’s Will” — August 31-September 2 (Weekend)

What are the psychological, environmental, and spiritual challenges to personally knowing God’s will for our lives? Come to learn how to address these challenges with grace and wisdom and plan to encounter fresh insights.

“Spirituality of Thank-Full-Ness” — November 19-21 (Midweek)

Practicing the discipline of thanksgiving strengthens our faith as we acknowledge the many ways in which God’s blessings are evident in our lives. As we learn — and practice — thankfulness, we will have the opportunity to encourage others on their journey of faith!

“12 Step Spirituality for Everyone” — November 30-December 2 (Weekend)

This retreat will reveal how everyone can benefit from the 12 Steps of AA (Alcoholics Anonymous) in their spiritual lives and will provide practical ways to use the various steps as tools for their journeys with God.